

Fitz Tips:

PASSWORD SECURITY

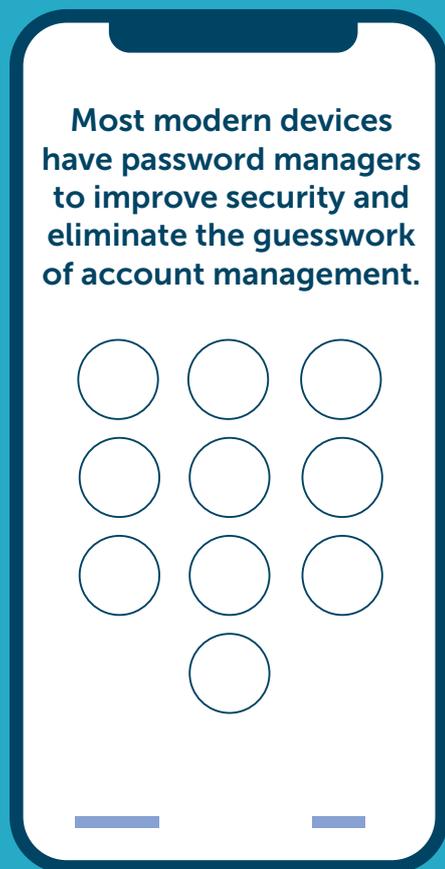
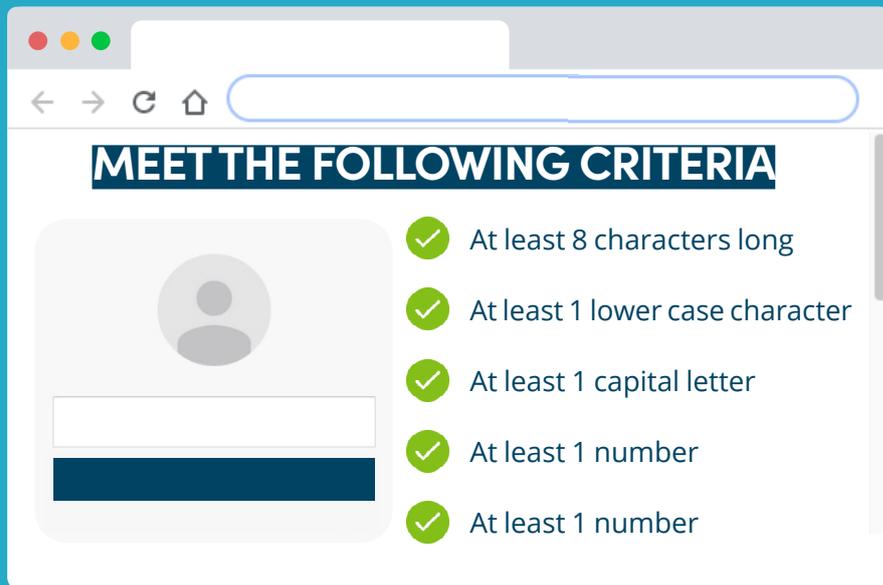
Best practice.

According to research conducted in 2020, the average person has approximately 70 to 80 passwords to remember. With so many accounts to manage, it can be tempting to get slack with your passwords - but with becoming more efficient, passwords are your key to protection.

These three rules of thumb help maintain password security;

1. Avoid easily guessed dictionary words
2. Avoid names of family and friends,
3. Avoid reusing the same password across multiple sites.

Automated hacking tools often work through common words and combinations until they find the right combination.



Tips for strong password security.

Never use **SEQUENTIAL** characters

Stay away from obvious combinations like "1234" or "qwerty". These types of passwords are hacked in seconds.

SIZE does matter

A password that is at least 15 characters long becomes much more difficult to guess or hack. Aim for lengthy passwords.

Use the **SENTENCE** method

Take the first two letters of a random sentence and merge it into a string of characters. For example "The Quick Brown Fox jumped over the lazy dog" = ThQuBrFojouvthlaDo.

Use a **PASSWORD MANAGER**

Password managers take the onus of remembering passwords away from the user, meaning you can opt for complex passwords that aren't easily guessed.

YOUR PARTNERS IN I.T.



INVESTORS
IN PEOPLE | Gold

Gold
Microsoft Partner



fitzrovia